

Parenting Programmes for All Parents and Carers



Do you have a child aged between 13 and 19 years?

Would you like to:

- Learn new skills?
- Get the best out of your children?
- Share your parenting experiences?
- Get some tips for managing difficult behaviour?
- Develop your own parenting techniques in a relaxed friendly atmosphere?
- Make new friends?



Yes? Then the Triple P Teen programme is for you!

This is a FREE parenting programme for EVERY parent which is being run across Kingston.

This will help you set rules for children to follow, help you to take care of yourself as a parent, have some fun and meet other parents and carers.

Start Date:	Thursday 25 February 2010
Time:	7.00 – 9.00 pm
Venue:	Hollyfield School

If you are a parent or a carer and want to know more or make a provisional booking, please contact:

Tiffany Petty, Parenting Co-ordinator on **020 8547 6582**, or email tiffany.petty@rbk.kingston.gov.uk